

# MONTHLY CARE PACKAGE IDEAS

## NOVEMBER

**N** NEW anything.. Socks, scarf, mitten

**O** Something OLD –a framed photo, favorite DVD or something they left in their room at home

**V** Vicks Cough Drops/cold medicine, Visine for tired eyes

**E** Edible animals - Gummy bears etc.

**M** Most favorite treat from home or mini-muffins or M `n M's

**B** Book—either paperback or a gift certificate for an e-book for a Kindle or Ipad

**E** Eye shadow or eye liner or “emusic” gift card (Itunes)

**R** Anything RED, give them a new RING Tone for their phone,